



VALVE CHATTER



JULY 2026, Newsletter Volume 31, Issue 7
Regional Group #148 of the Early Ford
V-8 Club of America, Inc



*NOTES FROM
THE
PRESIDENT'S
GARAGE*

DAN CASTELLINI



Greetings to all our members. Thanks to Steve for running the June meeting so that I could attend a “ Bon Voyage” family/ breakfast in San Diego for my youngest grandson who was leaving with three college friends for two weeks in Iceland camping and hiking. Following Iceland he will be traveling to Europe for two weeks. I hope all the Dad’s in our group had a great Father’s Day. My son and oldest grandson invited me to spend the day with them at the NASCAR race held on the Coronado Naval Base. Given the traffic delay on the bridge, we opted to take the ferry to Coronado. Lots of walking that day (11 miles according to the app.) but it was all good and enjoyable. Bob McClelland and I rolled out to Cruisin’ Grand Early Ford Night on Friday, June 12 in my 53 Customline. We joined up with several of our members to enjoy the evening. Tom Hamlin went home with a trophy for his 51 Crestliner. Steve Wells brought his new Woody for us to check out, Bob Payne was there with his 36 Coupe and Dave Louzek brought his 53 Customline. Lots of lively conversation and laughs. I’m working with Jim Hurlburt on setting up photos for this month’s presentation. Jim has graciously volunteered to tell us about his 65 Comet Cyclone. Jim always has an interesting story behind his projects. This month will also be the second reading of our by-law changes that we have been discussing these last few months. If you have any questions please bring them up at the July breakfast. Have a safe July 4th and I look forward to seeing everyone on Tuesday, July 14h, 8 a.m. @ Richie’s Diner.

Cheers,
Dan



SECRETARY

LINDA
LOWRY



Board of Director's & Business Meeting of the Members of
The Palomar Mountain V-8's Regional Group of the Early Ford V-8 Club of America, Inc.
A California Non-Profit Public Benefit Corporation

A regularly scheduled business meeting of the Board of Directors and Members of the Palomar Mountain V-8's Regional Group of the Early Ford V-8 Club of America, Inc., and a California NonProfit Public Benefit Corporation was held on June 9, 2026 at the meeting place of the members: Richie's Diner, 40651 Murrieta Hot Springs Road, Murrieta, California.

Directors Present: Steve Wells, Gregg Lowry, Linda Lowry, Bob McClelland

Members Present & Cars Driven: Roger & Bonnie Bell, Jim Brown ('40 Ford Coupe), Bob Davis, Cliff Gustin, Tom & Patsy Hamlin, Don & Sylvia Harwick, Gregg & Linda Lowry, Bob McClelland ('36 Ford Fordor), Jerome Mueller ('40 Ford Deluxe Coupe), Jerry & Roxie Otteson, Ray & Jackie Ouelette ('46 Mercury), Bob Payne, Peggy Petrucci, Ron Shedd, Steve Wells.

Guests: Frank Garcia ('39 Ford Coupe).

The meeting was called to order at 9:14 a.m. Vice President Steve opened the meeting and asked Tom Hamlin to lead us in the Pledge of Allegiance and Bob McClelland to lead us in Prayer.

Officer & Committee Reports were accepted:

President: No Report

Vice President: Steve Wells – Welcomed everyone and introduced our guest.

Treasurer: Gregg Lowry- Reported a club balance.

Secretary: Linda Lowry - Presented the May minutes. Motion to accept made by Roxie Otteson and seconded by Jackie Ouellette. Motion passed. She announced and congratulated those members who celebrated birthdays and anniversaries in June.

Director: Bob McClelland – No report

Accessories: Janet Harris – No report

Advertising: Don Harwick –Reported he received two 3-year renewals and continues to visit companies for advertising renewals.

Membership & Club Badges: Bob Davis – No new changes to membership.

Sunshine: Jackie Ouellette – Sent a card to Gloria.

Tours: This Friday Cruisin Grand features Ford night and club members are encouraged to attend. Parking will be reserved on Broadway. Please check the Valve Chatter for local events and shows.

Newsletter & Website: Bob McClelland – He thanked Bob Davis for the article for the Valve Chatter.

Old Business: Gregg Lowry gave a recap of the reorganizing of the Club and By-law changes.

New Business:

Linda Lowry explained that this is the 1st reading - a formal procedure - where this bylaw amendment has been provided in writing to the members. The by-law amendment includes **Procedural Guidelines** as dictated by California Law, Parliamentary Rules, and our specific Club By-laws. She summarized the changes that have been made including: Modifications to existing

Articles;

Inclusion of New Articles; Board of Directors Term Changes; Changes to the Monthly Meeting Format to include Hosts for each breakfast meeting; and importantly the Focus to modify the existing By-laws to recognize member priorities to maintain and enjoy the Social Aspect of the Club.

She asked if anyone wanted the by-law changes read in detail and hearing none concluded the 1st reading. **(CONT.ON PG. 3)**

(CONT.FRM.PG2

Announcements: None

Program: Roger Bell presented to the members a very interesting recap of his professional career working in the Automobile industry. Especially entertaining were several amusing malapropisms that Bob Kelley, an analyst in Roger's department, used in his communications.

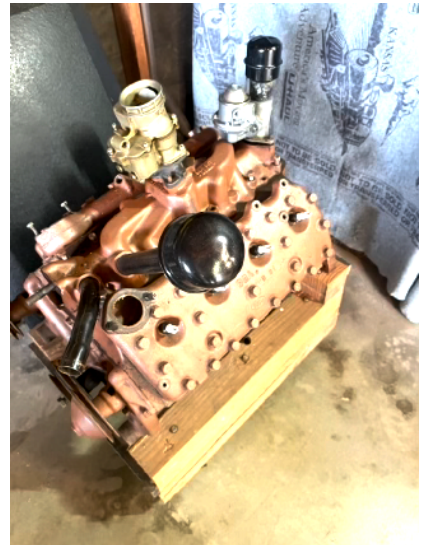
Tom's Trivia Question: Tom read this month's trivia question: 'What was the first year Ford used bonded brake linings?' He gave the correct answer, 1949, and a bit of history behind it.

Special Drawing: – \$95 was collected with \$47 going to the club and \$48 won by Bob Payne. Being no further business to come before the meeting and on motion duly made by Roger Bell and seconded by Peggy Petrucci, the meeting adjourned at 9:53 a.m. It is directed that this action be filed in the Minute Book of the Corporation. This action is executed pursuant to the Corporation Code of the state of California, which requires accurate minutes of any meeting of the Board be maintained.

Dated: June 9, 2026
Respectfully submitted

Linda Lowry, Secretary
Corporate Minute

FOR SALE
1951 8ba engine complete &
running \$500. Contact Jay



METHODS OF CASTING CYLINDERS (CONT. FRM JUNE)

Removable Sleeves for Cylinders. Several ideas are back of the production of engines with removable sleeves. In the first place the use of aluminum for the sake of lightness was first applied to the crankcase. Later, engines were cast with the crankcase and cylinder block of aluminum and the cylinders were of cast iron in the form of sleeves set into the aluminum casting.

The second idea is that in case of a scored cylinder the sleeve may be removed and another inserted, thus obviating the expense of having to renew the whole block. Fig. 10 shows the method of inserting a sleeve into an aluminum casting. General Motors has used

this method in connection with some of the cast-iron blocks in use with their heavy-duty trucks, with the idea of decreased costs of maintenance.

The inserted sleeve, for passenger car use, Fig. 10, has been discarded in recent years except for reliners for scored or damaged cylinders. The trouble with this design is that the sleeves are difficult to remove in repair work or for replacement when worn. The new sleeves are also hard to install and must have perfectly tight joints

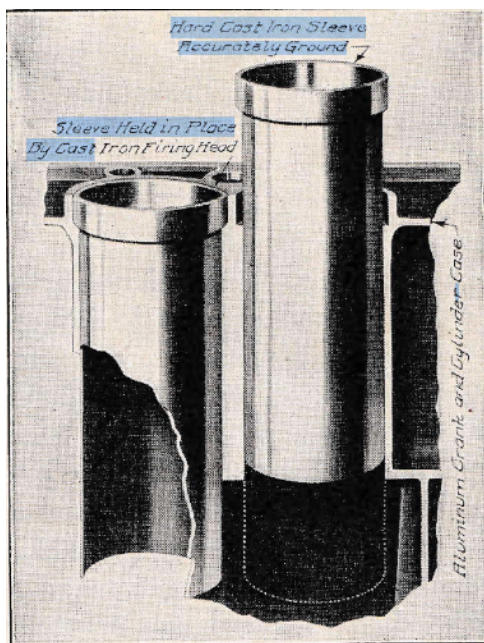


Fig. 10. Detail of Cylinders, Showing Casting Sleeves Inserted in Aluminum Casting



PHOTO'S BY PATSY HAMLIN



RESTORING THE EARLY FORD FLATHEAD

Restoring an early Ford Flathead V-8 **involves careful disassembly**, as these engines are prone to seized pistons and cylinder wall cracks. Sourcing period-correct parts and machine shop services—like re-sleeving blocks and aligning bearings—is essential. The process requires a focus on vintage cooling systems and specialized valve mechanics to ensure reliability.

Key Restoration Focus Areas

- **Battling Seized Components:** Early flatheads often sit for decades, resulting in heavily rusted cylinders. Use penetrating oils and custom pullers, but expect to utilize a professional machine shop for boring and potentially sleeving the block

Identifying Cracks: The thin cylinder walls and valve seats are prone to cracking. Magnaflux testing is highly recommended before performing any machine work.

Modern Oil Upgrades: Flathead V-8s originally used a full-floating rod bearing system and non-detergent oils. Most restorers today convert to high-detergent, multi-grade oils (like 10W-30) and install modern oil filters to increase engine longevity.

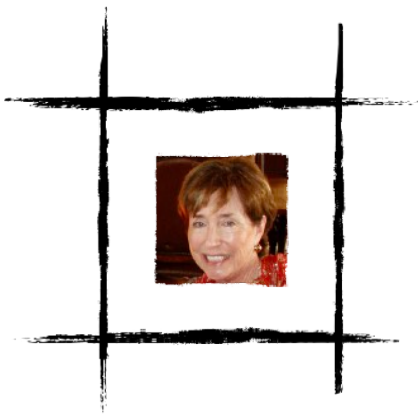
Cooling Systems: Overheating is a common issue. Thoroughly flush the block to clear rust, and consider replacing or upgrading water pumps and thermostats.



AND THE WINNER IS
BOB PAYNE



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ACCESSORIES 2025 UPDATED LIST

This is an updated list of suggested accessories with prices. The embroidery is included. There is no tax as our accessory source is now in Arizona. This basically cancels out any postage fees.

- Men's baseball cap STC39 \$12.00
- Men's long sleeve t shirt 8400 \$13.00
- Men's short sleeve t shirt 8000 \$9.00
- Men's long sleeve polo shirt K500LS \$21.50
- Men's short sleeve polo shirt K5000 \$17.25

It is very easy to use the Sanmar.com site and I highly recommend that you take a look. Prices on the website are a good estimate and include embroidery. There are multiple colors available for each product. There are also jackets and vests you might want to look at. Please call, email, or text me with your order or any questions. I will give you the exact price of your order. Mail me a check and I will then place your order and deliver your purchase.

Janet Harris
brokerjanet@hotmail.com
760-522-8423
3088 Skycrest Dr
Fallbrook, 92028

PLEASE NOTE..

**NEXT MEETING JULY 14TH
RICHIE'S DINER, 40651 MURRIETA
HOT SPRINGS ROAD 8:00 - 10:00**



A NOTE FROM THE EDITOR

We're **STILL** looking for your stories. What travel's have you done, what restorations have you done on your car? We would love to feature your story in the Valve Chatter! You can also send sale or wanted ads for future Valve Chatters! Notify me if your item has sold.

For Sale: 1932 Ford Roadster Hot Rod
A beautifully built All Steel 1932 Ford Roadster

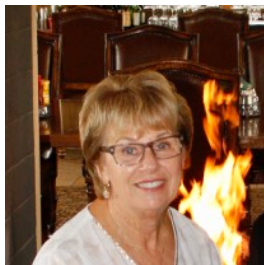


Up for sale is a beautifully built All Steel 1932 Ford Roadster, a true hot rod with the perfect blend of original vintage parts and quality new components. Built over the course of 15 years with close attention to detail, this car is ready to cruise, show, and enjoy. This Deuce Roadster has been meticulously maintained with about 4,400 miles since being completed. It is a top-level, quality built ride. If you are looking for a road-trip hotrod, or something to take to shows, this is the '32 Roadster for you! Curb appeal is second to none and this black roadster turns heads everywhere it goes!

Early Mustang rebuilt 302 V8 with mild cam – runs strong Snow White shorty water pump set-up Flow Kooler water pump 1968 Mustang 3-speed manual transmission with Jeep shifter tower.



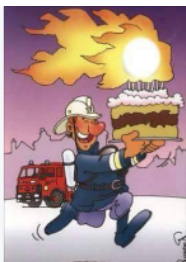
Asking \$42,000. Contact Ron Shed. (858)-776-6508



SUNSHINE REPORT
 THINKING OF OUR MEMBERS STRUGGLING
 PLEASE KEEP ALL MEMBERS IN YOUR
 THOUGHTS & PRAYERS



July Birthdays



- 5 – Sylvia Harwick
- 6 – Jackie Ouellette
- 6 - Helena Bjorklund
- 9 - David Simard
- 18 – Tom Hamlin
- 25– Letrice Davis
- 28 - Bonnie Bell



July Anniversaries

- 8 – Gary & Karen Walcher
- 20 - Roger & Bonnie Bell
- 24 – Bob & Donna Payne

Palomar Mountain V-8's Regional Group of the Early Ford V-8 Club of America, Inc., Temecula, CA Organized November 8, 1996 Chartered January 18, 1997 RG #148
Incorporated August 7, 2001
2023 Board of Directors & Officers
President Dan Castillini
Vice President Steve Wells
Treasurer Greg Lowry
Secretary Linda Lowry
Director Robert McClelland
2022 Committee Chairpersons
ACCESSORIES
Janet Harris
AUDIT COMMITTEE
Officers & Member at Large per By-laws
ADVERTISING Don Harwick
www.valvechatter.org NEWSLETTER EDITOR
Robert McClelland Email: remac278@msn.com
DEADLINE: 20th of Each Month
*Opportunity drawing CHAIR
Tom Hamlin
SUNSHINE CHAIR
Jackie Ouellette
TOUR LEADERS
Volunteers on Monthly Basis

FOR SALE

I've owned the car since 1998, it's unrestored but runs great and I drive it at least once a week. It has the original flathead V-8 with a 3 speed manual with overdrive transmission. I just replaced the clutch! I had it painted several years ago, but frankly it's not the best of paint jobs. I'm asking \$12,500 OBO. RON OR PATRICIA PRENTICE (408) 425-0452



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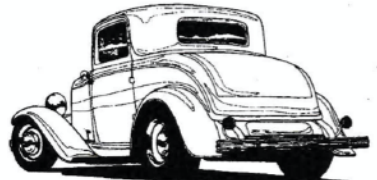
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CRUSIN GRAND FORD NIGHT



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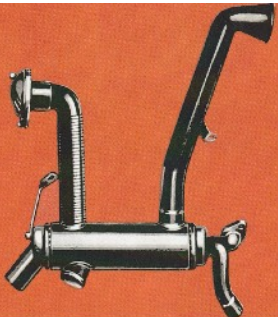


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The efficient engine fan acts as a blower forcing fresh air into the intake, through the heater, then into the car. There's no electric motor to consume current—no water connections—no changing of thermostat. And you don't have to run the engine a long time before you get heat. Heating action begins almost immediately. This car heater can be installed in your Ford V-8 while **\$14.00** installed you wait.....



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MONTHLY CLUB BUSINESS & BOARD OF DIRECTOR MEETINGS

Second Tuesday Monthly

(January thru November) Breakfast @ 8:00 am Meeting @ 9:00 a.m.

Richies Real American Diner 40651 Murrieta Hot Springs Road

Murrieta, Ca.

JULY 14TH

AUGUST 11TH

SEPTEMBER 8TH

MARK YOUR CALENDARS!! MAY, 2025

CHECK OUT

<http://www.socalcarculture.com/events.html>

JULY 5TH Perris - Sky Dive Perris Airport Cruise-In Car Show -
2091 Goetz Rd. 1 TILL 4

JULY 11TH Lake Elsinore - 2nd Annual Fundraiser Car Show -
2503 Lakeshore Dr. - 2PM - 6PM



Palomar Mountain V-8's

VALVE CHATTER newsletter

The Palomar Mountain V-8's Regional Group
of the Early Ford V-8 Club of America, Inc
A non-profit public benefit charitable California
Corporation Regional Group No.148

